



All of the techniques within the approach of Dynamic Manual Interface have the following points in common:

1. They rely purely on manual skills, using no other modality or agent.
2. They utilize the body's own mechanisms to effect changes in the tissues.
3. They are intended to give the client more potential and greater possibilities for health and recovery, but are not designed to "heal" an individual. The practitioner is attempting to get individuals more able to allow their own healing mechanisms and processes to do what they are designed to do.

Laurie Levine-Lowen

Gene Suzuki

[www.lowensystems.com](http://www.lowensystems.com)

- Licensed Occupational Therapist
- Licensed Physical Therapists
- Practitioners of Lowen Systems:  
Dynamic Manual Interface Therapy



A Turning Pointe Physical Therapy

315 W. 9th Ave, Suite 100

Spokane, WA 99204

509-326-8878

509-326-1157 fax

[www.turningpointept.com](http://www.turningpointept.com)



@ATurningPointe



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## Dynamic Manual Interface Therapy



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## TREATMENTS

therapeutic touch

### An Example of Dynamic Manual Interface :

An individual may have shoulder pain with decreased motion, yet be unaware of tensions around the heart and lungs. The practitioner may treat the soft tissue and hard frame of the thorax to effect a change in the shoulder. The client may have not been aware that tension in the chest was contributing to shoulder pain, but he/she will notice the difference after it has been treated. This is more the rule than the exception. Most of us are often not aware of many problems that have great significance to our health.

# Dynamic Manual Interface

Allowing the body to heal itself

## RELIEF

The goal is not to “cure,” but to assist the body in self-correction.

Frequently, individuals report improved sleep, movement, elimination, decreased pain, etc. Others notice immediate improvement in the primary area of concern after the first session.

## RENEWAL

Specific conditions that may benefit from Dynamic Manual Interface include:

**Muscle & Joint Pain** (specifically fibromyalgia)

**Headaches & Migraines**

**Osteoarthritis & Tendonitis**

**Connective Tissue Disorders**

**Chronic Pain**



## EXAMINATION

## AND DIAGNOSIS

Treating the whole person

What is Dynamic Manual Interface therapy?

Dynamic Manual Interface therapy is a gentle form of hands-on tissue work aimed at assisting the natural corrective processes that the body continuously undertakes to achieve balance and restore health. The body's ability to self-correct is diminished when it is overloaded by excessive tensions (both physical and emotional). The goal in treatment is to understand what the body is trying to do, and provide the assistance it needs to re-establish these processes.

*Free  
your  
Body!!  
Live  
your  
Potential!!*